



Alzheon Announces Peer-Reviewed Publication Providing Evidence for Hippocampal Volume as Surrogate Marker for Clinical Benefit and Neurodegeneration in Early Alzheimer's Disease

Comprehensive Analyses Across Interventional and Observational Trials Show that Hippocampal Atrophy Closely Tracks with Memory Loss and Disease Progression, and Is Highly Sensitive to Effects of Disease-Modifying Therapies

Preservation of Hippocampal Volume, Complemented by Microstructural Imaging, Is Directly Associated with Clinical Improvement as Determined by Established Cognitive Assessment Measures

Study Published in CNS Drugs Highlights Potential of Hippocampal Volume as Surrogate Marker for Neuroprotection, Clinical Efficacy, and Disease Modification in Clinical Trials in Early Alzheimer's Disease

FRAMINGHAM, Mass., December 2, 2025 — [Alzheon, Inc.](#), a clinical-stage biopharmaceutical company developing a broad portfolio of investigational therapies and diagnostic assays for patients with Alzheimer's disease (AD) and other neurodegenerative disorders, today announced the peer-reviewed publication: *"Hippocampal Atrophy on Magnetic Resonance Imaging as a Surrogate Marker for Clinical Benefit and Neurodegeneration in Early Symptomatic Alzheimer's Disease: Synthesis of Evidence from Observational and Interventional Trials"*, in the scientific journal *CNS Drugs*. The full text is available online at: <https://link.springer.com/article/10.1007/s40263-025-01251-y>

The AD field urgently needs to improve treatments, and surrogate biomarkers are essential for accelerating drug development. This review, co-authored by Alzheon's scientists and leading AD neuroimaging researchers and clinicians, analyzes clinical evidence for using hippocampal volume as a surrogate marker.

The results show that shrinkage of the hippocampus is closely linked to memory decline and disease progression, and that the hippocampus of Early Alzheimer's patients responds sensitively

to disease-modifying therapies. Therefore, hippocampal volume (HV) may be a reliable and measurable surrogate used to assess clinical benefits in Early Alzheimer's disease.

Key Findings

- *Predictive biomarker:* HV atrophy closely tracks cognitive decline in both observational and interventional data, making HV a reliable and sensitive marker of disease progression.
- *Therapeutic sensitivity:* Multiple clinical studies, including those evaluating lecanemab, donanemab, and valiltramiprosate/ALZ-801, have shown that interventions slowing cognitive decline are also associated with reduced hippocampal atrophy. These findings highlight the responsiveness of hippocampal volume to therapeutic intervention.
- *Clinical relevance:* The analysis established a hippocampal volume preservation threshold of $\geq 40 \text{ mm}^3$ that correlates with significant cognitive improvement at the Mild Cognitive Impairment (MCI) stage, underscoring hippocampal volume as a potential regulatory endpoint for early Alzheimer's disease.

"Developing reliable non-invasive imaging-based surrogate markers is essential to accelerate Alzheimer's drug development," said Murali Doraiswamy, MBBS, FRCP, Professor of Psychiatry and Medicine at Duke University* and an expert in Alzheimer's imaging & biomarkers. "Hippocampal atrophy, a structural hallmark of neuronal losses and neurodegeneration in AD, reflects the neurodegenerative process more directly than amyloid plaque deposition or clearance. It could serve as a predictive regulatory endpoint for evaluating new therapies in early symptomatic AD targeting multiple pathways beyond amyloid."

Clinical trials involving about 10,000 participants tested anti-amyloid and anti-oligomer treatments, finding that reduced hippocampal atrophy was accompanied by slower cognitive decline over 18–24 months. Specifically, valiltramiprosate trials showed notable links between preserving hippocampal volume and better cognitive results for individual patients ($r = -0.40$ to -0.44 , $p < 0.005$), as well as consistency between hippocampal volume and microstructural integrity on diffusion tensor imaging scans. The research also identified that protecting 40 mm^3 of hippocampal tissue was the minimum amount needed to see meaningful cognitive benefits in people with mild cognitive impairment (MCI).

"The hippocampus is among the first regions of the brain affected by Alzheimer's disease. Our findings indicate that preservation of hippocampal volume, reflecting reduced atrophy, is directly associated with clinical improvement as determined by established cognitive assessment measures," said Susan Abushakra MD, Chief Medical Officer of Alzheon and the study's lead author. "By confirming this association across both observational studies and randomized controlled trials—including data from valiltramiprosate/ ALZ-801 demonstrating microstructural integrity supporting hippocampal protection—we present strong evidence that hippocampal volume may serve as a surrogate marker for neuroprotection, clinical efficacy, and disease modification in early-stage Alzheimer's disease."

These results reinforce the consideration of hippocampal volume as an early, robust, sensitive, and clinically significant indicator of neurodegeneration, underscoring its prospective utility in forthcoming Alzheimer's disease clinical trials. The hippocampus is essential for memory function, so its preservation provides a demonstrable measure of neuroprotection.

"Our analyses highlight the role of hippocampal volume as an important intermediary linking biomarker changes to clinically meaningful benefits," stated John Hey, Ph.D., Chief Scientific Officer at Alzheon. "Hippocampal atrophy is a key marker within the 'N' neurodegeneration category of the A/T/N classification, reflecting neuronal loss and the structural decline characteristic of Alzheimer's disease. Consequently, mitigating brain atrophy is among the most significant indicators of disease modification in Alzheimer's disease. These results further substantiate our clinical findings in two valiltramiprosate studies involving APOE4 homozygotes and carriers, where retention of hippocampal integrity was strongly associated with reduced cognitive decline."

** Dr. Doraiswamy is an advisor to Alzheon, Inc. and a minor shareholder. He also serves as an advisor to several other businesses, government agencies and advocacy groups.*

About ALZ-801

[Valiltramiprosate/ALZ-801](#) is an investigational oral agent currently in [Phase 3 development](#) as a potential first-in-class, disease-modifying treatment for Alzheimer's disease.^{3-7,9,12} Valiltramiprosate is designed to inhibit the formation of neurotoxic soluble beta amyloid oligomers that contribute to cognitive decline in individuals with AD.^{3-7,9,14} Preclinical mechanism-of-action studies have demonstrated that ALZ-801 can completely block the formation of these neurotoxic oligomers at the dosage used in Phase 3 clinical trials.^{3,9,12,14} Valiltramiprosate employs an [enveloping molecular mechanism of action](#) intended to prevent the aggregation of soluble amyloid oligomers in the human brain,¹⁴ which are associated with the onset and progression of cognitive impairment in AD patients.^{3,4,7,9,10} In recognition of its therapeutic promise, valiltramiprosate received Fast Track designation from the U.S. Food and Drug Administration in 2017 for the treatment of Alzheimer's disease.

Clinical trial data indicate that valiltramiprosate exhibits strong clinical efficacy at the MCI stage, and a favorable safety profile, with no observed increase in the risk of brain vasogenic edema.^{5-10,13,15} The initial [Phase 3 program for valiltramiprosate](#) targets Early AD patients who are homozygous for the apolipoprotein ε4 allele (APOE4/4), with plans to expand future research to include AD treatment and prevention in individuals carrying one copy of the APOE4 gene.³⁻¹⁰

Valiltramiprosate APOLLOE4 Phase 3 Trial

An Efficacy and Safety Study of Valiltramiprosate in APOE4/4 Early Alzheimer's Disease Subjects ([NCT04770220](#)): This trial was designed to evaluate the efficacy, safety, biomarker and imaging effects of 265 mg twice daily oral dose of valiltramiprosate in Early AD subjects with two copies of the apolipoprotein ε4 allele (APOE4/4 homozygotes), who constitute approximately 15% of Alzheimer's patients. This double-blind, randomized trial compared oral valiltramiprosate to

placebo treatment over 78 weeks. The APOLLOE4 trial was supported by a [grant from the National Institute on Aging](#) to Alzheon, with Susan Abushakra as the principal investigator.

Valiltramiprosate APOLLOE4 Long Term Extension Trial (Phase 3 LTE)

An ongoing long-term extension of the trial, APOLLOE4-LTE, evaluates valiltramiprosate in subjects who complete the core APOLLOE4 study for an additional 104 weeks of treatment for a total of 182 weeks, or 3.5 years, over the core and LTE study. This LTE study is currently ongoing in the US, UK, and Canada ([NCT06304883](#)).

Valiltramiprosate Phase 2 Biomarker Trial

Biomarker Effects of Valiltramiprosate in APOE4 Carriers with Early Alzheimer's Disease ([NCT04693520](#)): This trial was designed to evaluate the effects of 265 mg twice daily oral dose of valiltramiprosate on biomarkers of AD pathology in subjects with Early AD, who have either the APOE4/4 or APOE3/4 genotype and constitute 65-70% of Alzheimer's patients. The primary outcome was the change from baseline in plasma p-tau₁₈₁. The trial also included evaluation of clinical efficacy, safety, tolerability, and pharmacokinetic profile of valiltramiprosate over 104 weeks of treatment. A completed long-term extension of the trial evaluated the same dose of valiltramiprosate for an additional 104 weeks of treatment for a total of 208 weeks.^{2,6,7}

About Alzheon

[Alzheon, Inc.](#) is a clinical-stage biopharmaceutical company dedicated to advancing a diverse portfolio of product candidates and diagnostic assays for individuals affected by Alzheimer's disease and other neurodegenerative disorders. The company is focused on innovating therapeutic solutions that directly target the underlying pathology of neurodegeneration. Its lead Alzheimer's clinical candidate, [valiltramiprosate/ALZ-801](#), is a first-in-class oral agent currently in [Phase 3 clinical development](#) as a potentially disease-modifying treatment for Alzheimer's disease. Valiltramiprosate is an orally administered small molecule shown in preclinical studies to completely inhibit the formation of neurotoxic soluble amyloid oligomers. Leveraging clinical expertise and a robust technology platform, Alzheon pursues drug discovery and development using a [precision medicine approach](#) that incorporates individual genetic and biomarker profiles, aiming to advance therapies with meaningful benefits for patients.

Alzheon Scientific Publications

¹Abushakra S, et al: *Hippocampal Atrophy on Magnetic Resonance Imaging as a Surrogate Marker for Clinical Benefit and Neurodegeneration in Early Symptomatic Alzheimer's Disease: Synthesis of Evidence from Observational and Interventional Trials*, **Drugs** 2025.

²Abushakra S, et al: *Clinical Efficacy, Safety and Imaging Effects of Oral Valiltramiprosate in APOEε4/ε4 Homozygotes with Early Alzheimer's Disease: Results of the Phase III, Randomized, Double-Blind, Placebo-Controlled, 78-Week APOLLOE4 Trial*, **Drugs** 2025; 85, 1455-1472.

³Pearson D, et al: *Polymorph Analysis of ALZ-801 (Valiltramiprosate), a Valine-Conjugated Oral Prodrug of Tramiprosate in Late-Stage Clinical Development for Alzheimer's Disease*, **Journal of Chemical Crystallography** 2025; 55, 206-215.

- ⁴Hey JA, et al: *Clinical Pharmacokinetics of Oral ALZ-801/Valiltramiprosate in a Two-Year Phase 2 Trial of APOE4 Carriers with Early Alzheimer's Disease*, **Clinical Pharmacokinetics** 2025; 64, 407-424.
- ⁵Aye S, et al: *Point of View: Challenges in Implementation of New Immunotherapies for Alzheimer's Disease*, **The Journal of Prevention of Alzheimer's Disease** 2025;12(1):100022.
- ⁶Abushakra S, et al: *APOLLOE4 Phase 3 Study of Oral ALZ-801/Valiltramiprosate in APOE ϵ 4/ ϵ 4 Homozygotes with Early Alzheimer's Disease: Trial Design and Baseline Characteristics* **Alzheimer's & Dementia** 2024; 10(3): e12498.
- ⁷Tolar M, et al: *The Single Toxin Origin of Alzheimer's Disease and Other Neurodegenerative Disorders Enables Targeted Approach to Treatment and Prevention*, **International Journal of Molecular Sciences** 2024; 25(5), 2727.
- ⁸Hey JA, et al: *Analysis of Cerebrospinal Fluid, Plasma β Amyloid Biomarkers, and Cognition from a 2-Year Phase 2 Trial Evaluating Oral ALZ-801/Valiltramiprosate in APOE4 Carriers with Early Alzheimer's Disease Using Quantitative Systems Pharmacology Model*, **Drugs** 2024; 84(7), 825-839.
- ⁹Hey JA, et al: *Effects of Oral ALZ-801/Valiltramiprosate on Plasma Biomarkers, Brain Hippocampal Volume, and Cognition: Results of 2-Year Single Arm, Open Label, Phase 2 Trial in APOE4 Carriers with Early Alzheimer's Disease*, **Drugs** 2024; 84(7), 811-823.
- ¹⁰Tolar M, et al: *Neurotoxic Soluble Amyloid Oligomers Drive Alzheimer's Pathogenesis and Represent a Clinically Validated Target for Slowing Disease Progression*, **International Journal of Molecular Sciences** 2021; 22(12), 6355.
- ¹¹Abushakra S, et al: *APOE ϵ 4/ ϵ 4 Homozygotes with Early Alzheimer's Disease Show Accelerated Hippocampal Atrophy and Cortical Thinning that Correlates with Cognitive Decline*, **Alzheimer's & Dementia** 2020; 6(1): e12117.
- ¹²Tolar M, et al: *Aducanumab, Gantenerumab, BAN2401, and ALZ-801—the First Wave of Amyloid-Targeting Drugs for Alzheimer's Disease with Potential for Near Term Approval*, **Alzheimer's Research & Therapy** 2020; 12(1): 95.
- ¹³Tolar M, et al: *The Path Forward in Alzheimer's Disease Therapeutics: Reevaluating the Amyloid Cascade Hypothesis*, **Alzheimer's & Dementia** 2020; 16(11):1553-1560.
- ¹⁴Hey JA, et al: *Discovery and Identification of an Endogenous Metabolite of Tramiprosate and Its Prodrug ALZ-801 that Inhibits Beta Amyloid Oligomer Formation in the Human Brain*, **CNS Drugs** 2018; 32(9): 849-861.
- ¹⁵Hey JA, et al: *Clinical Pharmacokinetics and Safety of ALZ-801, a Novel Prodrug of Tramiprosate in Development for the Treatment of Alzheimer's Disease*, **Clinical Pharmacokinetics** 2018; 57(3): 315-333.
- ¹⁶Abushakra S, et al: *Clinical Effects of Tramiprosate in APOE4/4 Homozygous Patients with Mild Alzheimer's Disease Suggest Disease Modification Potential*, **Journal of Prevention of Alzheimer's Disease** 2017; 4(3): 149-156.
- ¹⁷Kocis P, et al: *Elucidating the A β 42 Anti-Aggregation Mechanism of Action of Tramiprosate in Alzheimer's Disease: Integrating Molecular Analytical Methods, Pharmacokinetic and Clinical Data*, **CNS Drugs** 2017; 31(6): 495-509.
- ¹⁸Abushakra S, et al: *Clinical Benefits of Tramiprosate in Alzheimer's Disease Are Associated with Higher Number of APOE4 Alleles: The "APOE4 Gene-Dose Effect,"* **Journal of Prevention of Alzheimer's Disease** 2016; 3(4): 219-228.

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